

# 5<sup>th</sup>-6<sup>th</sup> Grade B-ball Cheat Sheet

## General

- 5<sup>th</sup>/6<sup>th</sup> grade play 5 v 5
- 5<sup>th</sup>/6<sup>th</sup> Grade use 28.5 size basketballs
- 5<sup>th</sup>/6<sup>th</sup> Grade play on a 10' basket
- Make sure the coach fills out the game roster **FULLY**. Name and Number
- Fill out the game scoresheet with all the information such as team names and make sure scores are on there.

## Clock

- Four 6 Minute quarters. **Clock stops on all whistles.**
- 1 Minute between quarters.
- 5 minutes between Halves
- Each team will be allowed two 45 sec timeouts per half.
- Substitutions will be at the 3 min mark of quarter. (Stoppage near 3 min mark of each quarter.)

## Overtime

- Every overtime will start with a jump ball
- First overtime will be 2 minutes.
- Second overtime will be sudden death.
- Every overtime there will be only one timeout. No Carryovers.

## Fouls

- On the 7<sup>th</sup> team foul team shoots one and one.
- On 10<sup>th</sup> team foul team shoots two shots.
- If a player receives 5 fouls he is out the remainder of the game.
- If a player receives a technical he has to sit for 2 mins!
- Technical fouls will result in 2 points to the opposing team and possession.

## Offense

- 3-point field goals COUNT at this level
- 5-second violation enforced
- Over and back violation enforced
- 10-second violation enforced

## Defense

- May not defend until ball crosses division line. Must stay inside the 3-point arc until the ball crosses the division line.
- Must play man-to-man
- Switching on screens/picks permitted
- Double teaming only allowed in lane at any time
- No triple teams at any time
- Defense may defend the outlet pass.
- Pressing allowed last 2-minutes of 4th quarter at this level unless leading by 10-points or more

## Forfeits

- Teams must have at least 4 on the court.