

Homer Athletic Club High School Basketball Rules

Registration/Eligibility: All players must fill out a HAC Basketball registration form with a parental signature or sign up on homesports.com. Playing of an ineligible player may lead to forfeiture of the game. Players must be actively enrolled in High School to be eligible for the HAC High School League.

Game Structure: Games will be played at the LTHS East Campus in the Varsity Gym. The games are intended to be played in a one hour time slot and will consist of four periods of 9 minutes each. The game clock will run continuously except for time outs (two per team, per half & one per overtime period), during substitution breaks and during the last two minutes of the second / fourth periods and overtime periods (A referee may call for a clock stoppage at any time at his / her discretion). In the event of tie scores three minute overtime periods will be played. There will be a three minute break between periods two and three.

Substitution Rules: Players will enter the game in squads of five players. A substitution break will occur at the beginning and 4 minute 30 second point in each period. The teams are designed to have ten players each. Substitution play is as follows:

Players at game	Mandatory playing time
10 players	4 substitution periods each player
9 players	4 players 5 periods, 5 players 4 periods
8 players	5 substitution periods each player
7 players	5 players 6 periods, 2 players 5 periods
5 or 6 or	Open with a minimum of 6 periods per player
Overtime	Open

(Minimum of four players to begin a game)

Players must register with the official scorer prior to each substitution period. Illegal substitutions will result in a two shot technical foul for each offense. If a player is present at the beginning of the game he must play in at least two substitution periods each half. (If a player plays any part of a substitution period it is considered entire period including injury substitutions)

Discipline: Coaches and Players are expected to exhibit sportsmanship and self control. Dismissal by the referees due to conduct results in a suspension for the following game. Two dismissals in the season will result in ejection from the league. Fighting or unruly conduct may result in ejection from the league after a review by the HAC Board of Directors. Coaches are expected to control spectators at all games.

(For rules not covered above refer to the Illinois State Athletic Association Rule Book)