

3rd-4th Grade B-Ball Cheat Sheet

General

- 3rd and 4th grade play 5 v 5
- 3rd and 4th grade use 28.5 size basketballs.
- Play on a 9' basket
- Make sure the coach fills out the game roster **FULLY**. Name and Number
- Fill out the game scoresheet with all the information such as team names and make sure scores are on there.

Clock

- Four 6 Minute quarters. **Clock stops on all whistles.**
- 1 Minute between quarters.
- 5 minutes between Halves.
- Each team will be allowed two 45 sec timeouts per half.
- Substitutions will be at the 3 min mark of quarter. (Stoppage near 3 min mark of each quarter.)

Overtime

- Every overtime will start with a jump ball
- First overtime will be 2 minutes.
- Second overtime will be sudden death.
- Every overtime there will be only one timeout. No Carryovers.

Fouls

- On the 7th team foul team shoots one and one.
- On 10th team foul team shoots two shots.
- If a player receives 5 fouls he is out the remainder of the game.
- If a player receives a technical he has to sit for 2 mins!
- Technical fouls are an automatic 2 points to the other team and possession.

Offense

- 3-point field goals COUNT
- Offense must cross division line before being defended
- Lane violation – 5-Seconds enforced
- Over and back violation enforced
- 10-second violation enforced

Defense

- Must play Man-to-Man
- No double teaming except inside the lane.
- No triple teaming at any time
- No pressing at this level
- May not defend until ball crosses division line
 - Must be inside the 3 point arc until the ball crosses the division line.
 - If defense up by 10pts + must wait until offense crosses 3pt line
- Defense may defend the outlet pass.

Forfeits

- Teams must have at least 4 on the court.