

Rules for Orland Hills Youth CoEd Basketball

K-2nd

- Game time is 2 halves at 18 min per half
- Players can start the game with 3 players
- No traveling calls and carrying calls but instruct players on proper ball handling
- Free throws are from the black line on the court but can be adjusted according to player height
- There is no active stealing of the ball off of the dribble
- Any team that is up by 20, that team on defense needs to remain in the lane (also referred to “the box”)
- There is no jump ball. Visitor gets ball first out of bounds on opposite side of the court
- Teams switch at half.

3rd/5th

- Game time is 2 halves at 22mins per half
- Players can start game with no less than 4 players per team
- Traveling and other ball handling calls are to be (loosely) enforced.
- Fouls are called and players are to take free throws from regulation but can be adjusted for players that are shorter.
- There is no active steals off of the dribble but players are allowed to steal the ball on an interception of a pass.
- Any team that is up by 20 need to remain in the lane (“the box”) while on defense
- There is no full court press until the final minute of each half
- Jump ball is to be done for each game
- Teams switch goals at half

- Each team gets 3 timeouts per half. Ref can call a timeout at any time during the game.
- There is no “foul out” rule
- Scoring team must return to their defensive side of the court and defense can begin at half court. Players cannot play defensive past the half court line except for the final minute of each half where the full court press can be utilized.

6th/8th

- Game time is 2 halves at 18mins per half
- Teams can start the game with no less than 3 players per team
- Traveling and all other ball handling calls are to be enforced
- Fouls are to be called and free throws are to be made from regulation.
- Steals are allowed off of the dribble
- Jump ball is to be done for each game
- Teams switch goals at the half
- Each team gets 3 timeouts per half
- There is no foul out rule
- There is no backcourt violation
- All other IHSA rules are to be enforced