

## **Naperville Park District Adult Soccer League 2023 Rules & Regulations**

*The Naperville Park District has developed the following set of rules and regulations to govern adult soccer leagues organized by the park district. Rules not covered herein will be determined by the FIFA Laws of the Game.*

### **Team Representative Responsibilities**

1. Each team shall designate a representative who shall serve as the sole liaison between that team and the Naperville Park District. The team representative may be either a player or non-player.
2. It is the team representatives' responsibility to distribute league information to their players including schedules, make-up information, rule changes, etc. Team representatives should ensure that all players understand the league rules prior to their participation. Team representatives are also responsible for ensuring that all team players are properly prepared for all games.

### **Eligibility and Rosters**

1. The league is open to adults ages 18 or older.
2. Only players who have properly registered and signed a waiver of liability may participate. The Naperville Park District does not provide medical or accident insurance for players, spectators or team representatives. Players participate at their own risk. No walk-on players will be allowed to play.
3. If a non-registered player is found to be playing, the team will forfeit the game.

### **Equipment and Personnel**

1. All players are required to wear shin guards that are size and age appropriate and they must be completely covered by socks at all times during games.
2. Casts of any type are not allowed.
3. No jewelry is allowed to be worn during the game.
4. Metal spikes are not allowed.
5. The Naperville Park District will provide:
  - A. Field
  - B. Goals
  - C. Nets
  - D. Ball
  - E. Maintenance and preparation of playing field
  - F. USSF licensed referees
  - G. Team T-shirts –for individual teams only

***\*All players who are participating on the individual team(s) must wear the numbered team shirts provided by the Naperville Park District for the respective season in which they are participating. It is the responsibility of the team captain to provide jerseys for their team that have a printed number on the back no less than 6" high. Team jerseys must be of the same color. Jerseys shall not exhibit taped or handwritten names or numbers. Goalkeepers must wear a distinctive color to differentiate them from other players. Referees have the final decision regarding any uniform issues.***

### **Philosophy**

1. All divisions of this program are designed as a recreational league for adult men and women.
2. Team standings will be kept as a reference only. There are no playoffs.

## Forfeits and Postponements

1. Games will start at the exact time designated on the schedule. Game time is forfeit time. The official start time will be kept and maintained by the referees only.
2. A minimum of five players from a team must be present and ready to play at game time to avoid forfeit. If less than five players from a team are available, a maximum of two registered players from another team may be used to start the game.
3. Teams starting a game at less than full strength may add players at a throw in, or official's time out, provided they report in to the referee.
4. Cancellations will be made in advance (when possible) by the league supervisor and posted on the website. Check the website <https://www.napervilleparks.org/cancellations> by 8:00AM for rainout information. The referee will make the final decision to cancel (due to weather, darkness etc.) once games have started on-site.

## Play

1. **Teams will normally field eight players, including the goalkeeper.** If both teams have extra players, captains may agree to play 9 vs. 9. The referee will have the final decision on the number of players allowed depending upon team conduct and field conditions.
2. Slide tackling is prohibited. Players called for slide tackling will receive a red card.
3. Substitutions will be allowed on only throw-ins or goal kicks for either team or after a goal is scored. Substitutions will not be allowed on corner kicks or goal kicks. **Substitutions must clearly be instructed to the referee. Substitutes must quickly enter the game at mid-field only after the referee has given permission.**
4. Games will consist of two-thirty minute halves separated by a 5-minute half-time. The referee has been instructed to shorten time periods, as needed, to maintain scheduled game times. Any stoppage time will be added at the discretion of the referee.
5. There will be no time outs except in the event of injury, outside interference or at the referee's discretion.
6. A coin toss will be used to determine choice of goal.
7. The referees have complete control, on and off the field, during the game. His/her decisions shall be final. No protests will be accepted or considered. **NO EXCEPTIONS!**
8. The referees will be the official scorer and timer.

## Conduct

1. Any player who receives a yellow card will be asked to leave the field immediately. A substitute will be allowed to replace that player. The player receiving the yellow card must have the permission of the referee to re-enter the game. The opposing team will not be allowed to substitute any of their players during this time.
2. If a player receives a red card and is ejected from the game, he/she is suspended for the next scheduled game. A second ejection in a season makes the player ineligible for the rest of the season. The Referee and League Supervisor are empowered to eject or suspend players, as they deem necessary.
3. Teams are responsible for the conduct of their spectators at all times. We ask that all players and spectators not smoke while on the sidelines before, during, or after their game.
4. Any drugs and/or alcoholic beverages are prohibited on park district property. This applies to parking lots as well. Players caught with alcohol or drugs will receive a red card ejection and will be suspended as noted above. Players caught with illegal drugs will also be reported to police the Park Police and also the Naperville Police Department.
5. Any player who physically contacts or strikes a referee, linesman, league official or other park district employee will be suspended for not less than one year.
6. Inappropriate language, gestures or verbal abuse will not be tolerated by any player or spectator at any time before, during or after the game. Players or spectators will receive a red card for inappropriate language, gestures or verbal abuse and will be suspended as noted above.

## Covid-19 Guidelines

1. All players, coaches, spectators and officials must follow the Youth and Recreational Sports Program Guidelines.
2. Guidelines can be found at: <https://www.napervilleparks.org/coronavirus>
3. Players and spectators should not arrive more than 10 minutes prior to the game, and should leave the field immediately upon the completion.