

GLENVIEW PARK DISTRICT ADULT VOLLEYBALL RULES Updated 9/1/2025

The GPD reserves the right to make changes to this document as necessary during the course of the season.

Officials and their decisions will be respected and not interfered with at any time. Unsportsmanlike conduct, disrespect, vulgarity, or profanity will not be tolerated at any time.

LEAGUE PLAYING RULES

1. All matches will consist of three games. **All 3 games will be played to twenty-five (25) points. The games will be played win by 2 capped at 30.** This cap will not be enforced during tournament games. If there is a game still in progress when the match reaches the allowable time limit, the following two requirements must be met*:
 - a. A minimum of eleven (11) points is required by the winning team for the game to become official.
 - b. The winning margin must be at least one point to win the game.
 - c. *If the official believes the match is running long, they have the authority to change the scoring for game two to fifteen (15) points in order to play all three (3) games. They must declare this before the game.
2. A coin toss by the referee will determine the team to choose serve or court for the first game. Teams will exchange serve and court for the second game. Another coin toss will determine which team begins service for the third game. Receiving team will not rotate after their first point at the start of the game. They will maintain their positions. **Sand Volleyball League only:** Teams will exchange courts in the third game when one team has accumulated thirteen (13) points.
3. If match play is completed in forty minutes or less, players must vacate the court five minutes prior to the start of the next match. **Sand Volleyball only: If weather ends a game early, the game will be official if the winning team has at least 15 points. If this happens in the second game of the match, the match result will be official and final. If the third game of the match ends before 15 points are scored, the match result will revert back to the end of the second game. If weather cancels the first game before the winning team has 15 points, the entire match will be replayed at a later date.**
4. Six players per team will play at a time. Position switching is allowed once the ball is served but rotation order must be reinstated for the next serve (also see rules 15 & 16). Rotation of player's positions will be in a clockwise direction. Free substitution is permitted. A player is not required to replace only the player that they came into the game for.
5. Teams must have at least four players on the court at the scheduled starting time of the match or be subject to forfeit. (Co-Rec, see rule 21a.) If a captain is aware ahead of time that the team will not be able to meet the match requirements, the Park District office should be contacted as soon as possible.
6. Forfeit times will be strictly enforced. The first game will be forfeited at the scheduled start time of the match, second game at fifteen minutes and third game at thirty minutes after the scheduled start time. Each forfeited game will cost your team \$11.00.
 - a. NOTE: Forfeit logs will be kept during the season. Any team with two or more forfeitures will be subject to either league dismissal or non-acceptance into the league the following year. Teams may apply after sitting out 1 year.
7. Each team is allowed one, 30 second time out per game. Only the team captain may request a time out.
8. Service will be lost for any of the following conditions:
 - a. Serving out of player rotation order.

- b. Serving before referee's whistle signal (after one warning).
 - c. Served ball hitting any part of supports or ceiling.
 - d. Served ball hitting outside of legal playing area.
 - e. Served ball hitting the net but does not go over the net.
 - f. Not serving within 5 seconds of official's whistle.
 - g. A foot fault prior to making contact with the serve.
 - h. A serve that touches the net but goes over the net is in play!
9. The server is allowed to re-serve once by letting the ball fall to the ground. If the player catches the serve, it counts as a side out and a point against the serving team.
10. If a played ball strikes the ceiling or any structure attached to the ceiling, the ball remains in play if it descends to the side of the net of the team that last played the ball. If, in the process of hitting the ceiling or structure, the ball crosses the plane of the net, the opposing team will be awarded point. **(Does not apply to Sand Volleyball)**
11. In attempting to play an out of bounds ball or retrieve a ball, a player shall not cross into the adjoining court. If such action occurs, the referee will penalize the offending player's team with a side out and a point for the opposing team.
12. If the ball comes over from another court, the referee shall blow the whistle for a dead ball. Play will continue until the whistle is heard. At this point, the ball will be replayed.
13. While spiking the ball, a player's follow through over the net will be considered legal if the spiking player does not make contact with the net. The spiking player may not reach over the net to attack if this action interferes with the opponents attempt to play the ball. Back row players are not allowed to spike above the net.
14. A defending player may block any ball (except the serve) coming toward the net if said player does not contact the net or interfere with the attacking player(s) on the opponents' side of the net. Back row players are not allowed to participate in the blocking attempt.
15. Judgment of all ball handling errors and conditions of rules 10 through 16 are made only by the referee. Good sportsmanship must be displayed at all times or penalty points may be awarded to the opposing team by the referee. Only the team captain is allowed to discuss any circumstance of play or rule decision.
 - a. NOTE: OFFICIAL UNITED STATES VOLLEYBALL ASSOCIATION RULES COVER ANY SITUATION NOT LISTED HEREIN.
16. Team Rosters:
 - a. Teams are allowed a maximum of twelve players that must be listed as specified on the Glenview Park District roster and liability waiver form. This must be turned in by week 2.
 - b. Players may not participate in any volleyball match unless they are listed on the roster and have recorded their signature on that form and their vaccine card. A player may only be listed on one roster at a time. All players may only play for one team once playoffs begin.
 - c. A team captain may add or substitute players on the roster during the regular season as long as the roster limit of players is not exceeded. Players may not be added to the team roster once the final regular season game is completed.
 - d. Any roster change that includes the new player(s) signature will become permanent, including the deletion of a replaced player (s).
 - e. Any team that is found to be in violation of team roster regulations is subject to forfeit of game or match in which the violation occurs.

- f. All participants must be 18 years of age to play in any Adult Volleyball League.
17. Match results and team records:
 - a. Scores of all games will be recorded by the activity supervisor. Team captains are encouraged to verify the result and sign the record sheet.
 - b. A team that forfeits a game or match will go on record as losing the games (s) by a score of: 0(F)-25. Double forfeit games will be recorded as losses for both teams.
 18. League standings and regular season champions will be determined by the following order:
 - a. Standings
 - b. Etc.
 19. Rules specific to Co-Rec league competition:
 - a. Four players may begin a match game (2 men/2 women or 3 women/1 man). If a team has 5 players at least two must be women but no more than four women. Only to avoid a forfeit and only if both teams are in agreement, 3 men/1 women may play as the four players representing a team. If both teams do NOT agree, then the game will be officially scored a forfeit.
NOTE: Full six player teams must have 3 women and 3 men or 4 women and 2 men.
 - b. A female player must contact the ball at least once during a three-hit volley.
 20. Contact of the ball during blocking shall not constitute playing the ball.
 21. League Balls: The Glenview Park District will provide game balls for matches, which may be used at each captain's discretion. However, if the captain of either of two teams playing a match wishes to use the provided league ball for a match, THE LEAGUE BALL MUST BE USED.

PROTEST

1. A protest must be submitted within 24 hours after the end of the match to the park district office. All protests must be accompanied by a \$15.00 protest fee which will be fully refunded if the protest is upheld. Protests will be decided on by a protest committee consisting of the following: Supervisor of Adult Athletics, Site Supervisor, and Manager of Programs.
2. When playing a game under protest, both the opposing team and the Official must be notified before play continues. Please notify the Site Supervisor as well before leaving the site.
3. Protests are allowed only on plays which involve rule interpretation. Protests will be considered only when the play in question had a "significant effect" on the outcome of the game.
4. Roster Protest: No fee will be charged for roster protests (we encourage you to question this, as it will help maintain league structure).

PROCEDURE:

- a. *Protest the player before 10 combined points have been scored of the first game played by the protested player. This includes points scored in which the player is rotated out.
- b. *Notify Official, opposing Captain, and Site Supervisor of protest.
- c. *Player in question must sign the score sheet and also print his/her name and produce ID.
- d. *The score sheet will be turned into the Park District Office where the roster will be checked.

The Supervisor of Adult Athletics decision on the matter is final.

RULES OF CONDUCT

1. Each manager will be held responsible for the conduct of his/her team players and is responsible to see that all rules are observed. The manager must maintain complete control of himself and his team members at all times;

this includes before, during or after a match and any other time involved with the volleyball program. The key to a successful program is in the hands of the manager and, in turn, his players. Good leadership will insure a good program.

2. Officials and their decisions will be respected and not interfered with at any time. Unsportsmanlike conduct or other serious violations will not be condoned. Unsportsmanlike conduct, disrespect, vulgarity, or profanity will not be tolerated at any time. Any manager or player removed from a match will receive an automatic one (1) match suspension to be served in the next consecutive match. A longer suspension may be given by the Supervisor of Adult Athletics based on the severity of the offense.
3. A game will be forfeited in the event a team fails to respect the official's authority or decisions; one warning will be given prior to such action.
 - a. Personal harassment of officials (umpires, directors, scorers, supervisors) may be cause for either the team or individual to be suspended from league play and/or tournaments. A player does not have to be in the game for this rule to be in effect. They may be a spectator of a team.
4. In any discussion on the court with an official, only the manager or floor captain will be permitted to enter the discussion.
 - a. Unsportsmanlike conduct will not be tolerated.
 - b. The threatening of an official will have an automatic removal for the season, including
 - i. both league and tournament play.
5. Any player, coach, or spectator guilty of physically striking an official will be immediately suspended for the season and the team put on probation with possible suspension resulting. Suspension for such an infraction is a league suspension for one calendar year from the date of the infraction.

In the event that a more serious battery takes place toward an official or supervisor, expulsion up to life can be directed after referral and review by the Executive Director of the Glenview Park District.

VARIOUS

1. Alcohol is NOT allowed on Park District/School District 34 property.
2. It is the responsibility of the team manager and member of the team to help control their own team and spectators in this matter. If, in the opinion of a referee or park supervisor the situation warrants, a game will be forfeited.
3. No food or beverage allowed in the gymnasium!
4. Smoking is NOT allowed in Park Center or School District facilities.
5. We ask that you do not bring children to games unless they will be properly supervised. If children interfere with the games, the referee or supervisor has the right to remove the parent from the game to supervise children. It is not safe for them or the players that are playing.

Schedules and standings are available at www.quickscores.com/gpd